



# Lead Strength & Conditioning Coach

**Scunthorpe United is a North Lincolnshire football club founded in 1899 and presently competing in Sky Bet League Two. We are one of the most ambitious and progressive clubs in the English Football League and there has never been a more exciting time to join us.**

## **JOB ROLE**

To lead in the development of general athleticism systematically across our first team squad, as well as coach these general concepts into specific performance related improvements – in line with our football philosophy and individual plans for each player

## **DUTIES AND RESPONSIBILITIES**

- > To design and deliver gym and field based sessions to develop all aspects of athleticism, including mobility, strength, power, speed and movement competency
- > Work well within a multidisciplinary team to provide a holistic development pathway for all players
- > Assist in physical testing and monitoring
- > Complete daily records
- > Take part in external and internal CPD, and contribute to the evolution of the current program

## **RESPONSIBLE TO**

First Team Manager

## **QUALIFICATIONS, SKILLS AND COMPETENCIES**

**Essential:** Educated to degree level or equivalent (BSc Hons Sport & Exercise Science)

**Desirable:** Experience of working within a professional sports setting, experience of delivery of gym and field based sessions, UKSCA accreditation (or able to attain within 12 months), experience of working within an elite football environment at first-team level, master's degree or equivalent

## **GENERAL INFORMATION**

- > The employee must at all times carry out his/her responsibilities with due regard to the Scunthorpe United Football Club policies and procedures in particular health & safety, financial authorisation, confidentiality and with regard to the Data Protection Act
- > The employee must act to protect all young people and vulnerable adults that are in their care or attending the company's premises. The employee must report any misconduct or suspected misconduct to the Safeguarding Manager
- > The employee must ensure a positive commitment towards equality and diversity by treating others fairly and not committing any form of direct or indirect discrimination, victimisation or harassment of any description and to promote positive working relations amongst employees and customers
- > The job description is not intended to be exhaustive, the duties and responsibilities may therefore vary over time according to the changing needs of the club

## **HOW TO APPLY**

If you believe you have the right mix of skills for this position please forward your CV and covering letter to Leanne Mayo by email to [leanne.mayo@scunthorpe-united.co.uk](mailto:leanne.mayo@scunthorpe-united.co.uk) or in writing to the Sands Venue Stadium, Glanford Park, Jack Brownsword Way, Scunthorpe, DN15 8TD

## **CLOSING DATE**

Friday, January 17, 2020